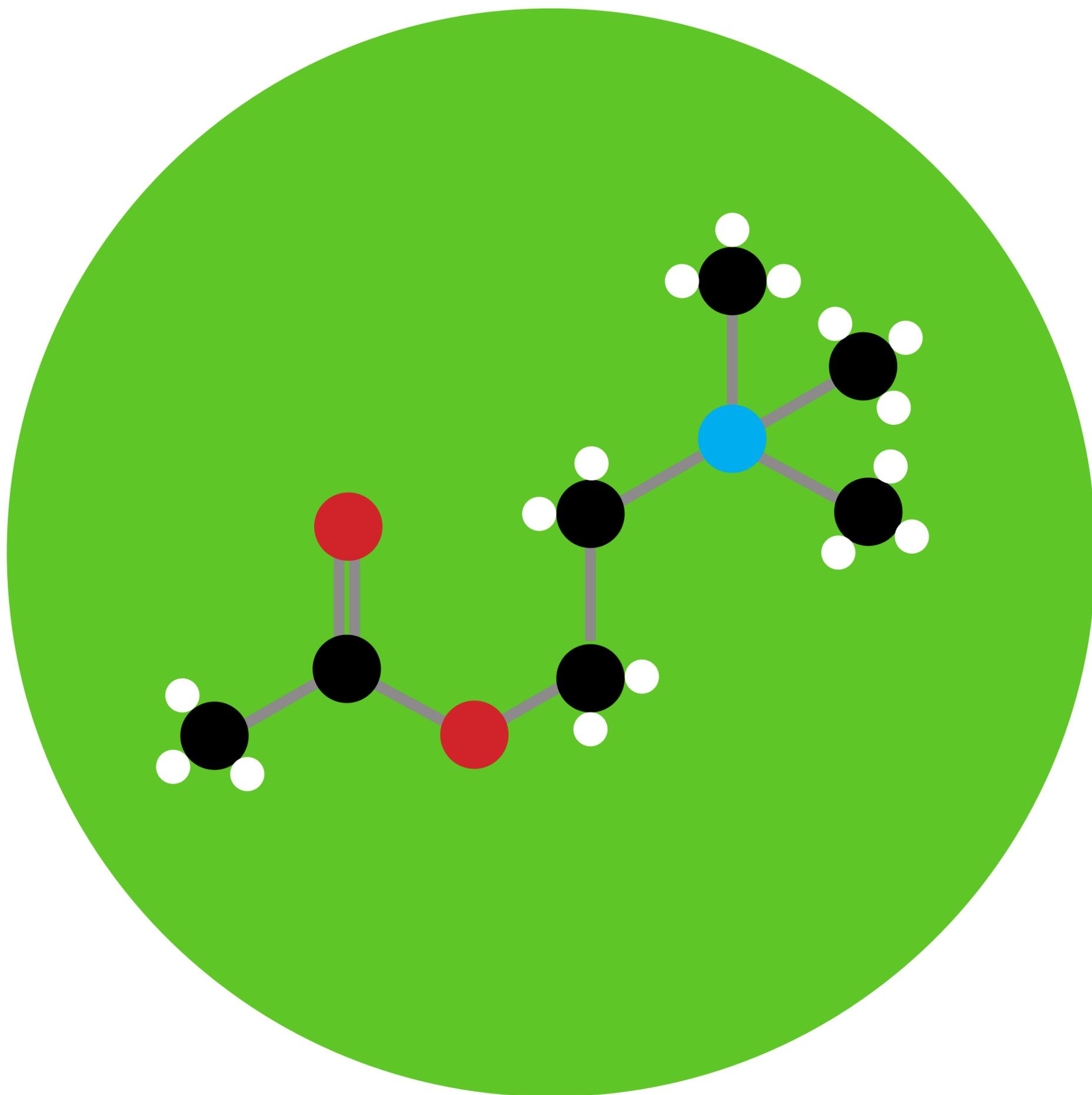


# ACETYLCHOLINE

THE LEARNING NEUROTRANSMITTER



Acetylcholine, often shortened to ACh, is the principle neurotransmitter involved in thought, learning and memory. In the body, it is involved in activating muscle action. Damage to the acetylcholine producing areas of the brain has been linked with the memory deficits associated with Alzheimer's disease. Acetylcholine is also associated with attention, and enhancement of sensory perception upon waking.