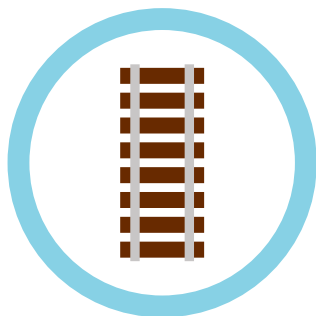
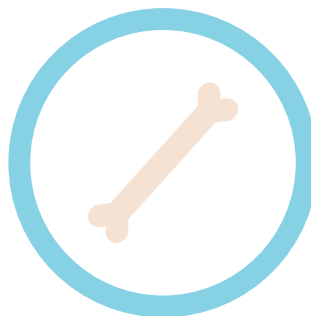
**STRONG STEEL**

Manganese steel contains ~13% manganese. It's very strong and used for railways, safes, and prison bars.

BONES & ENZYMES

Manganese is essential for organisms. It's needed for strong bones, and many enzymes also contain it.

DRINKS CANS

Drinks cans are made with an alloy of aluminium and manganese, which helps prevent corrosion.