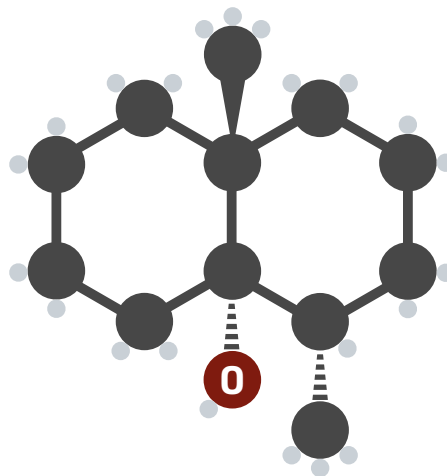




Poland: Carp



Geosmin

KEY: ● Carbon ○ Oxygen ● Hydrogen

Carp for Christmas dinner is widespread in Central and Eastern Europe. Freshwater fish flavour differs from that of saltwater fish and can sometimes taste earthy. This earthy flavour is due to the compound geosmin, produced by bacteria. Geosmin breaks down in acidic conditions so acidic ingredients can reduce the muddy flavour.