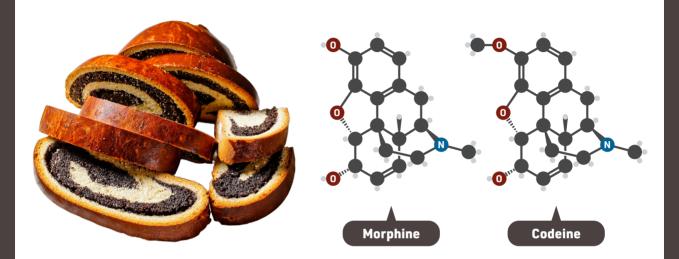
## **Chemistry Advent 2023**





## Hungary: Bejgli



**KEY:** ■ Carbon **①** Oxygen **N** Nitrogen • Hydrogen

Bejgli is a sweet roll, filled with poppy seeds, walnut paste or chestnut paste, commonly eaten at Christmas in Hungary. While the poppy seeds do not contain significant quantities of the opioid compounds such as morphine and codeine found in the seed pods, they can still contain trace amounts. Research has shown that these small quantities can be detected in urine up to 48 hours after consuming foods containing poppy seeds, and can cause opiate-positive urine test results.

